Manas Resort
with Petting Zoo

SPA

MANAS - SPA

Unwind and rejuvenate at our exclusive on-site spa, a sanctuary crafted just for our esteemed guests.
Dive into a world of pampering with bespoke treatments that enhance your resort experience. Let our serene haven leave you feeling completely refreshed & renewed.

EXPERIENCE THE ULTIMATE IN AROMATHERAPY

Step into our Aromatherapy Spa, where tranquility and indulgence come together.
Revel in a peaceful setting where skilled therapists blend expert massage techniques with soothing essential oils for a truly relaxing escape.

WHAT IS AROMATHERAPY?

Aromatherapy, a holistic wellness practice, leverages the therapeutic properties of natural plant extracts, primarily essentia loils, to promote relaxation, reduce stress, and enhance overall well-being. These oils are inhaled or applied topically to harness the power of scent and support a healthier lifestyle.

WHAT TO EXPECT IN AN AROMATHERAPY SESSION?

Embark on a holistic journey with aromatherapy, where enchanting aromas and expert massage techniques harmonize to rejuvenate your entire being. Essential oils are skillfully massaged into your skin, added to your bathwater, or blended with steam for a fragrant inhalation, leaving you feeling refreshed & renewed.

HEAD SPA

Indulge in pure relaxation with our
head spa treatment. Enjoy a soothing warm oil massage that relieves
headaches, reduces tension, a n d promotes scalp health issues.

(30 Mins)
₹ 2000 (+taxes)

HEAD & SHOULDER MASSAGE

Experience targeted relief from upper body tension with our h e a d a n d shoulder massage. Our therapists will focus on releasing knots and improving flexibility.

(30 Mins)
₹ 2000 (+taxes)

BACK SPA

Discover the healing power of foot reflexology. Our therapists will apply pressure to specific points on your feet to promote relaxation, improve circulation, a n d enhance overall well-being.

(30 Mins)
₹ 2000 (+taxes)

FOOT REFLEXOLOGY

Discover the healing power of foot reflexology. Our therapists will apply pressure to specific points on your feet to promote relaxation, improve circulation, a n d enhance overall well-being.

(30 Mins)
₹ 2000 (+taxes)

AROMATHERAPY

Immerse yourself in the soothing world of aromatherapy. Experience the therapeutic benefits of essential oils through inhalation and application. Our aromatherapy sessions are designed to induce d e e p relaxation and overall well-being.

(60 Mins)	(90 Mins)
₹ 3500 (+taxes)	₹ 5500 (+taxes)

SWEDISH MASSAGE

Unwind a n d d e - s t r e s s with our classic Swedish massage. Experience gentle, long strokes and kneading techniques that promote relaxation & improve circulation.

(60 Mins)	(90 Mins)
₹ 3500 (+taxes)	₹ 5500 (+taxes)

DEEP TISSUE M A S S A G E

Target deep-seated muscle tension with our invigorating d e e p tissue massage. Our skilled therapists will apply focused pressure to release knots and alleviate pain.

(60 Mins)	(90 Mins)
₹ 3500 (+taxes)	₹ 5500 (+taxes)

AYURVEDIC HOT POTLI MASSAGE

Potli Massage Therapy offers a holistic approach to wellness, combining heat and herbal remedies to deliver d e e p relaxation and healing. This ancient technique targets both physical & mental well-being, leaving you revitalized a n d balanced.

(80 Mins)	(120 Mins)
₹ 5500 (+taxes)	₹ 7500 (+taxes)

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PAMPER YOURSELF WITH OUR SPA SERVICES

CALL RECEPTION TO BOOK YOUR SPA SESSION